

# Freeport Little League

## Summary of Selective Rules (COED Baseball) 2026 Season

*It is intended for this league to follow the 2026 Little League Baseball rulebook.  
Refer to the rules below for important rules and any exceptions that would supersede the rulebook.*

### Coaching rules:

1. Each team shall have no more than 3 coaches in the dugout and on the field at a time during the game (1 manager and 2 assistant coaches). (Tournament Organization - Managers/Coaches in the Dugout)
  - a. To be a coach in the dugout and on the field, a background check must be submitted to Little League International. (free and online)
  - a. More than 3 coaches can complete background checks so that coaches can be substituted between games, but the 3 coaches who start a game are the only ones allowed during that game. (Exceptions are allowed for emergency situations with the approval of an FLL Board Member.)
  - b. The bench or dugout is the seating facility reserved for players, substitutes, 1 manager, and not more than 2 coaches when they are not actively engaged on the playing field. Bat boys and/or girls are not permitted. The bench or dugout is not for additional coaches or scorekeepers. (Rule 2.00 - Definitions of Terms)

### BAT Rules:

1. All bats must have the USA baseball stamp. There are no exceptions other than if it's a wood bat.

### BALL Rules:

1. All games must utilize the little league provided baseballs. COED utilizes special balls. Absolutely no hard balls allowed at this level. No exceptions.

### Pitching Rules:

1. A coach will deliver all pitches and another coach will play the catcher position. The pitch distance is up to the coach.
2. Each batter will receive 6 pitches from the coach during an at bat. If the ball is not put into play after 6 pitches, a tee will be used for the last hit attempt.
3. If a batter swings and misses for a 3<sup>rd</sup> strike prior to the 6<sup>th</sup> pitch of the at bat, the batter is **NOT out**.
4. If a ball is batted into play and strikes the pitcher (coach), the ball is in play.

### Substitution Rules: (Regulation VI - The Players Section I)

1. A **Continuous Batting Order** and **Free Substitution** will be used for each game. This will reset at the start of each new game at the coaches discretion.
2. ALL PLAYERS must play in the field for **6 Consecutive Defensive Outs**

### Time Limits: (Rule 4.10 Starting and Ending a Game)

1. Time Limit is 1:00.
2. No new inning will begin after reaching the time limit.
3. A new inning begins when the 3<sup>rd</sup> out is called in the bottom of the previous inning

### Starting Games with Less Than 9 Players (Rule 6.00 - The Batter)

1. Welcome to play all kids on Defense, but infield should be properly placed with any extras in the outfield.

### On Deck Batters:

1. On deck batters are NOT allowed.

### Special Peeve Base Running Rules:

1. Base runners can only advance one base per play and only on a ball hit into play or when forced by a walk. There is no advancing on a wild throw or any other kind of error.
2. Any ball hit over an outfield wall is still a home run on that field.